



Mapping Community needs in a shifting landscape

2024 Community Needs Assessment

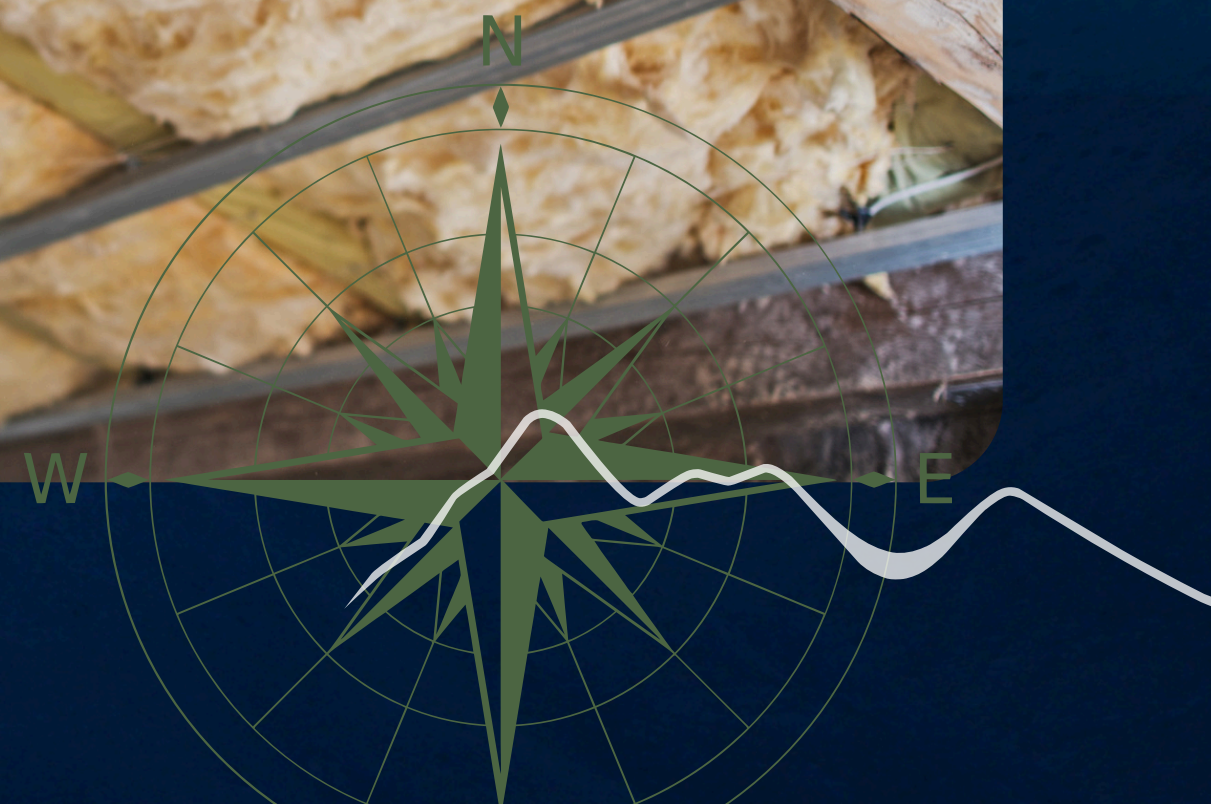
ASOTIN-BENEWAH-BONNER-BOUNDARY-CLEARWATER
IDAHO-KOOTENAI-LATAH-LEWIS-NEZ PERCE-SHOSHONE

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Compass

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Hello and thank you for wanting to learn more about the issue of poverty in our communities!

Every three years, Community Action Partnership (CAP) completes a Community Needs Assessment. This process allows us to learn about the needs facing individuals and families who are experiencing poverty in our communities. The voices of a wide variety of community members, coupled with demographics and data, provide the framework upon which CAP builds and focuses our work.

This process allows us to ensure that the federal investment of Community Services Block Grant dollars received by CAP is guided by local citizen input and targeted to the most pressing issues. It allows us to ensure that our planning and program implementation are aligned with identified needs.

Thank you again for digging into this issue alongside us here at CAP. I hope that we can find areas to work on together to build healthy communities filled with people who are thriving.

Sincerely,

Lisa Stoddard (she/her)
Executive Director
Community Action Partnership

A letter from the Trail Guide
Executive Director



Thank you to the community members and community partners who took the time to fill out our surveys and attend focus groups for our

2024 Community Needs Assessment!

Your involvement made this effort possible, and your input will be key in shaping CAP's future plans and priorities.



Hope builds when many in the community are involved, and we have YOU to thank for making this Community Needs Assessment a success!

Thank you to

Our trail companions

Staying on the Trail



Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

Mission: Community Action Partnership is a catalyst for building relationships that inspire and equip people to end poverty in our community.

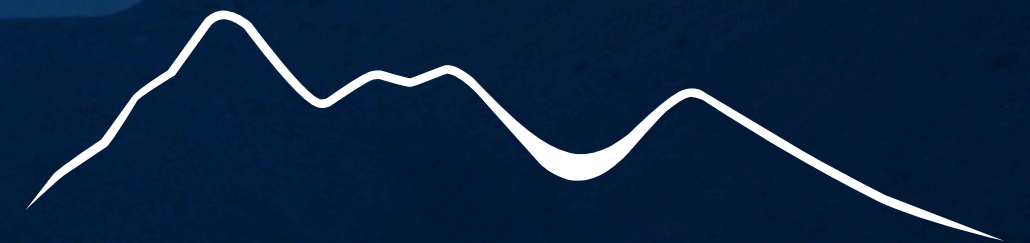
Vision: Community Action Partnership envisions our communities working together to end poverty. We envision a community where all people...

- are equipped to achieve their potential;
- have sufficient resources, relationships and meaning in their lives to thrive;
- are valued and able to meet their own needs by utilizing their talents, potential and passions.



Findings & Strategies

The cost of living poses significant challenges for people experiencing poverty due to several interconnected factors.





Packing the Year

Every three years, Community Action Partnership conducts a thorough Community Needs Assessment using surveys and focus groups to understand the needs of people who are experiencing poverty in our service area. This is a requirement of the Community Services Block Grant (CSBG) and is also a key part of our Results Oriented Management and Accountability (ROMA) approach. The insights we gather from this assessment help us in assessing, planning, implementing, analyzing results, and refining our strategies.

This year, 401 community members from 11 counties shared their experiences and challenges through a detailed survey. Additionally, 141 community partners provided feedback on how these challenges affect their organizations and what steps they are taking to address them. The information we've collected has been incredibly valuable. Through this assessment process, we've identified key challenges that stand out as priorities for our under-resourced community members.

R.O.M.A.





Core Challenges



Income

53% of survey respondents reported they borrowed money from friends and family to make ends meet.

“Income only 9 months out of 12 months because husband is a substitute teacher.”



Housing

37% of respondents say they had to choose between paying rent or paying for other basic needs.

“Rent just raised... I may be homeless in a couple months.”



Food Insecurity

26% of respondents report they went hungry because they were not able to get enough food.

“I get \$23 in food stamps and use credit cards to pay for groceries. Now my credit cards are maxed.”



Transportation

32% of respondents say they have no form of consistently reliable transportation.

“I lost my car to a title loan company.”



Childcare

40% of respondents with children had trouble getting or keeping a job due to child care issues.

“Payment is way out of budget despite real need.”



Mental Health

38% of respondents believe mental health services and family counseling are important.

“...mental health experts are booked out 6+ months.”



Pathways Out of Poverty

Seeking solutions together.



Creating stability



Individual and family-centered coaching



Building a network of community support

In collaboration with Community Action Agencies in Washington and Oregon, Community Action Partnership has developed a three-fold strategy through our **Futures Project Theory of Change** to address the core challenges facing our communities.



Together, we seek to...

1. Help under-resourced community members become basic needs secure through resource-rich projects and initiatives,
2. Utilize individual and family centered coaching to equip and support community members to exit poverty, and
3. Undergird our community members with a network of community support through strategic partnerships.



The Demographic Landscape

Who we are and how we live



Navigating the Landscape



“Households in poverty” refers to households with an income at or below 100% of the Federal Poverty Guideline. For 2024, income at 100% of the Federal Poverty Level is \$15,060 annual gross income (\$1,255 monthly) for a single person. For a family of four, income at 100% of the Federal Poverty Level is \$31,200 annual gross income (\$2,600 monthly).

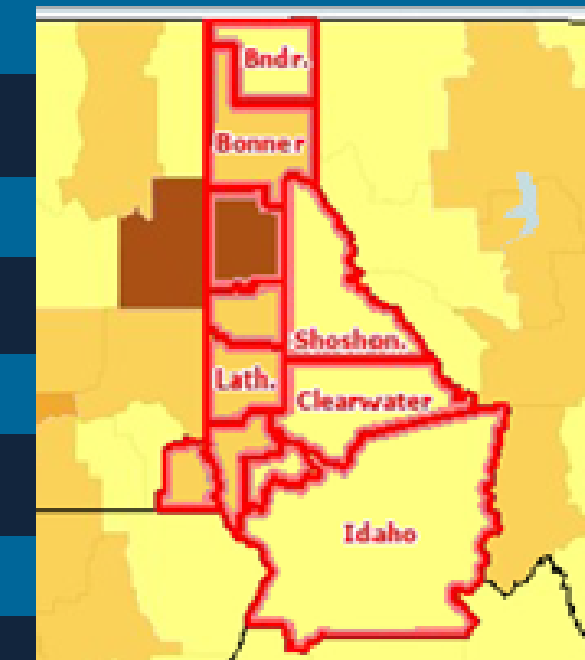
CAP utilizes the Community Services Block Grant (CSBG) to serve individuals and families living at or below 200% of the Federal Poverty Line, the point at which households can typically meet all their needs on a regular and consistent basis. Because CAP chooses to define poverty as a lack of resources, “under-resourced community members” is the phrase used most often in this report to describe individuals living in poverty.

Service Area Map and Demographic Analysis of Low-Income



Service Area Total Population

Service Area	Total Population	Total Land Area	Population Density
Asotin County, WA	22,370	636.08 sq. miles	35/sq. mile
Benewah County, ID	9,731	776.93 sq. miles	13/sq. mile
Bonner County, ID	47,976	1,733.22 sq. miles	28/sq. mile
Boundary County, ID	12,335	1,268.68 sq. miles	10/sq. mile
Clearwater County, ID	8,810	2,457.31 sq. miles	4/sq. mile
Idaho County, ID	16,787	8,477.50 sq. miles	2/sq. mile
Kootenai County, ID	173,396	1,237.78 sq. miles	140/sq. mile
Latah County, ID	39,872	1,075.87 sq. miles	37/sq. mile
Lewis County, ID	3,630	478.82 sq. miles	8/sq. mile
Nez Perce County, ID	42,200	848.32 sq. miles	50/sq. mile
Shoshone County, ID	13,399	2,637.42 sq. miles	5/sq. mile
Service Area Total	390,506	21,62.93 sq. miles	18/sq. mile
<i>Idaho State</i>	<i>1,854,109</i>	<i>82,645.14 sq. miles</i>	<i>22/sq. mile</i>
<i>Washington State</i>	<i>7,688,549</i>	<i>66,455.47 sq. miles</i>	<i>116/sq. mile</i>
<i>United States</i>	<i>331,097,593</i>	<i>3,533,269.34 sq. miles</i>	<i>94/sq. mile</i>



Population, Density (Persons/Sq Mile) by County, ACS 2018-22

- Over 500
- 101 - 500
- 51 - 100
- 11 - 50
- Under 11
- No Data or Data Suppressed
- Report Location

Data Source: US Census Bureau, [American Community Survey](#). 2018-22.



Population by Race

Service area	White	Black	Asian	American Indian/ Alaska Native	Native Hawaiian/ Pacific Islander	Other	Mixed Race
Asotin County, WA	20,236	167	261	271	0	269	1,166
Benewah County, ID	8,250	79	4	879	33	33	453
Bonner County, ID	44,054	141	287	276	60	567	2,591
Boundary County, ID	11,160	46	182	255	7	302	383
Clearwater County, ID	8,002	19	76	108	2	100	503
Idaho County, ID	15,496	15	87	524	0	117	548
Kootenai County, ID	155,469	507	1,256	1,604	185	2,392	11,983
Latah County, ID	35,749	486	809	280	90	320	2,138
Lewis County, ID	2,986	67	35	100	0	121	321
Nez Perce County, ID	37,453	44	374	2,103	27	290	1,909
Shoshone County, ID	12,218	115	4	242	43	43	734
Service Area Total	351,073	1,686	3,375	6,642	447	4,554	22,729
<i>Idaho State</i>	<i>1,574,859</i>	<i>12,781</i>	<i>24,987</i>	<i>22,297</i>	<i>2,721</i>	<i>88,887</i>	<i>132,577</i>
<i>Washington State</i>	<i>5,374,874</i>	<i>301,477</i>	<i>708,647</i>	<i>91,698</i>	<i>53,003</i>	<i>399,571</i>	<i>759,279</i>
<i>United States</i>	<i>218,123,424</i>	<i>41,288,572</i>	<i>19,112,979</i>	<i>2,786,431</i>	<i>624,863</i>	<i>20,018,544</i>	<i>29,142,780</i>

Data Source: US Census Bureau, [American Community Survey](#). 2018-22.



Population in Poverty by Race

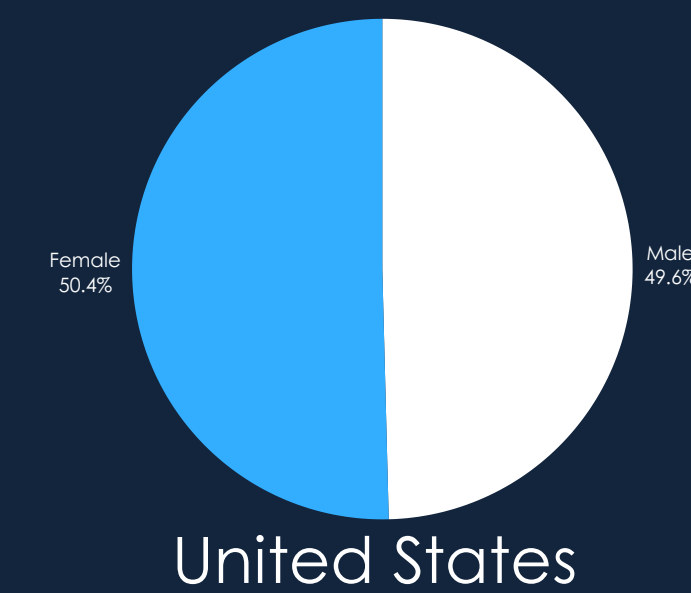
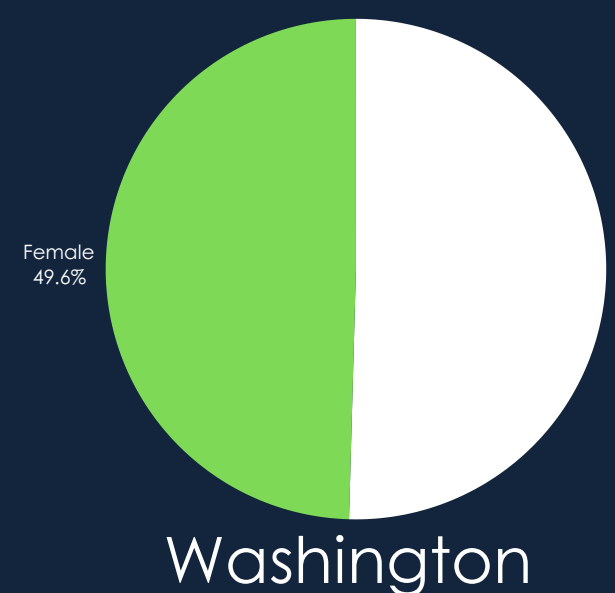
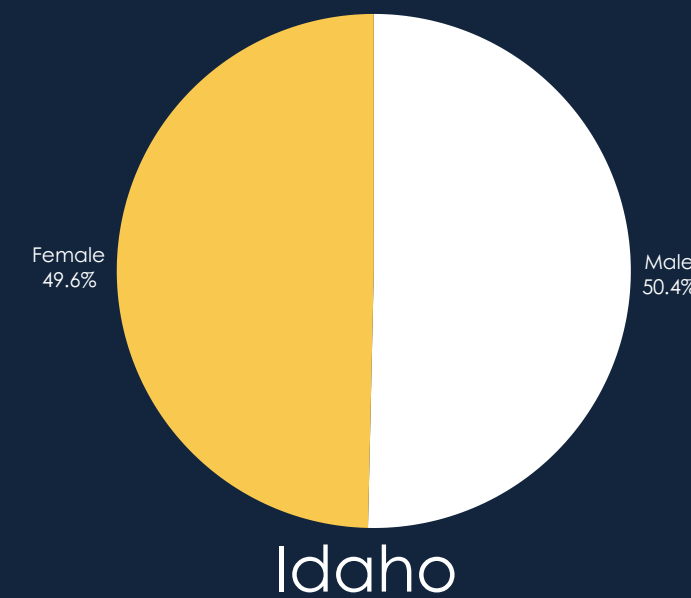
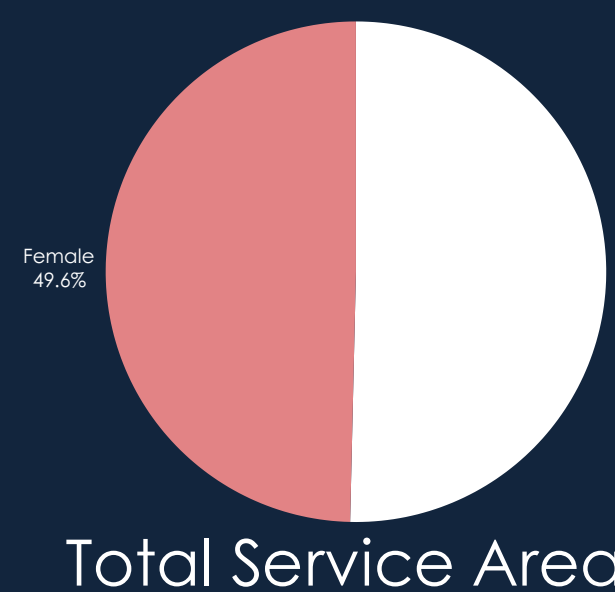
Service Area	White	Black	Asian	American Indian/ Alaska Native	Native Hawaiian/ Pacific Islander	Other	Mixed Race
Asotin County, WA	2702	18	0	243	0	113	369
Benewah County, ID	1081	0	0	197	5	6	83
Bonner County, ID	5283	0	28	39	0	85	186
Boundary County, ID	2010	0	70	102	7	34	24
Clearwater County, ID	769	0	0	22	0	32	77
Idaho County, ID	1515	8	0	1	0	108	56
Kootenai County, ID	13188	46	137	441	2	98	1945
Latah County, ID	3913	61	93	58	2	119	505
Lewis County, ID	432	59	1	37	0	64	44
Nez Perce County, ID	4786	0	61	440	20	48	394
Shoshone County, ID	1832	28	0	28	43	3	164
Service Area Total	37511	357	390	1608	79	710	3847
<i>Idaho State</i>	<i>156845</i>	<i>2263</i>	<i>2799</i>	<i>4948</i>	<i>635</i>	<i>14038</i>	<i>17260</i>
<i>Washington State</i>	<i>455418</i>	<i>49537</i>	<i>59912</i>	<i>16972</i>	<i>7871</i>	<i>68136</i>	<i>89692</i>
<i>United States</i>	<i>21525577</i>	<i>8519391</i>	<i>1897150</i>	<i>608,547</i>	<i>103050</i>	<i>3652060</i>	<i>4215809</i>

Data Source: US Census Bureau, [American Community Survey](#). 2018-22.



Population by Gender

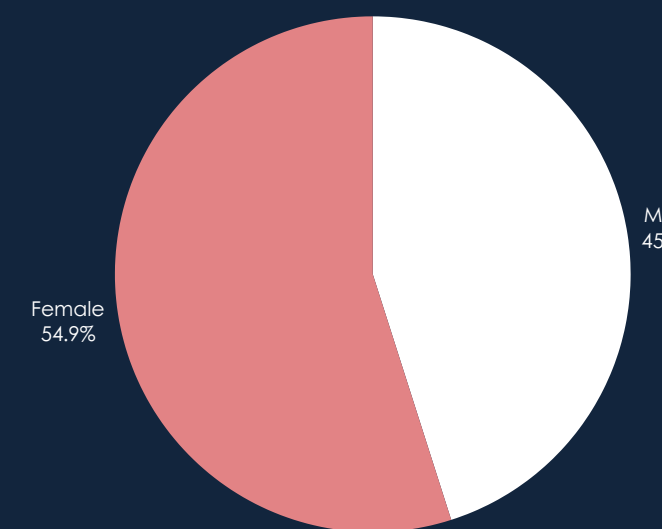
Service Area	Male	Female
Asotin County, WA	11,031	11,339
Benewah County, ID	4,996	4,735
Bonner County, ID	24,159	23,817
Boundary County, ID	6,230	6,105
Clearwater County, ID	4,912	3,989
Idaho County, ID	8,835	7,952
Kootenai County, ID	86,516	86,880
Latah County, ID	20,524	19,348
Lewis County, ID	1,825	1,805
Nez Perce County, ID	21,000	21,200
Shoshone County, ID	6,666	6,733
Service Area Total	196,694	193,812
<i>Idaho State</i>	<i>933,728</i>	<i>920,381</i>
<i>Washington State</i>	<i>3,877,918</i>	<i>3,810,631</i>
<i>United States</i>	<i>164,200,298</i>	<i>166,897,295</i>



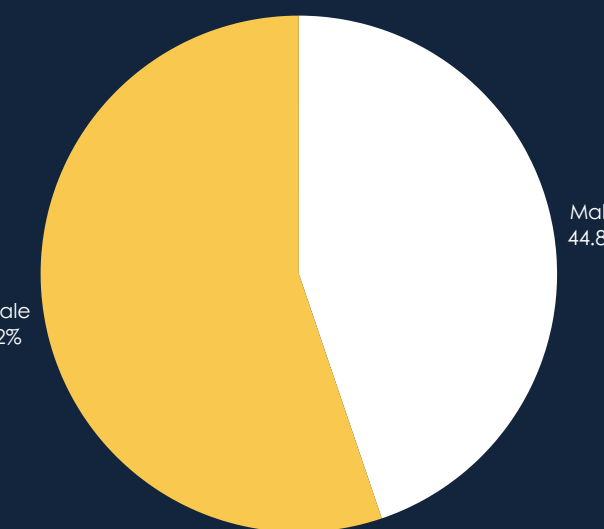


Population in Poverty by Gender

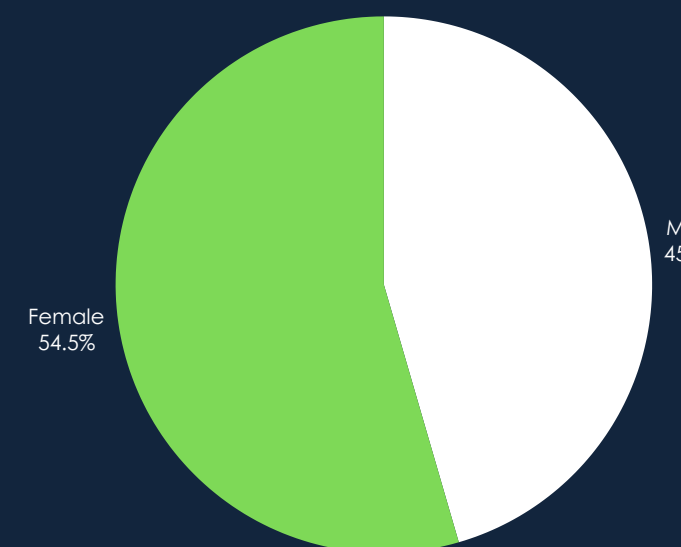
Service Area	Male	Female
Asotin County, WA	1535	2029
Benewah County, ID	634	756
Bonner County, ID	2624	2997
Boundary County, ID	995	1252
Clearwater County, ID	420	480
Idaho County, ID	825	863
Kootenai County, ID	6902	8955
Latah County, ID	2305	2446
Lewis County, ID	301	336
Nez Perce County, ID	2607	3142
Shoshone County, ID	913	1185
Service Area Total	20061	24441
<i>Idaho State</i>	<i>89045</i>	<i>109743</i>
<i>Washington State</i>	<i>340084</i>	<i>407454</i>
<i>United States</i>	<i>18109332</i>	<i>24412252</i>



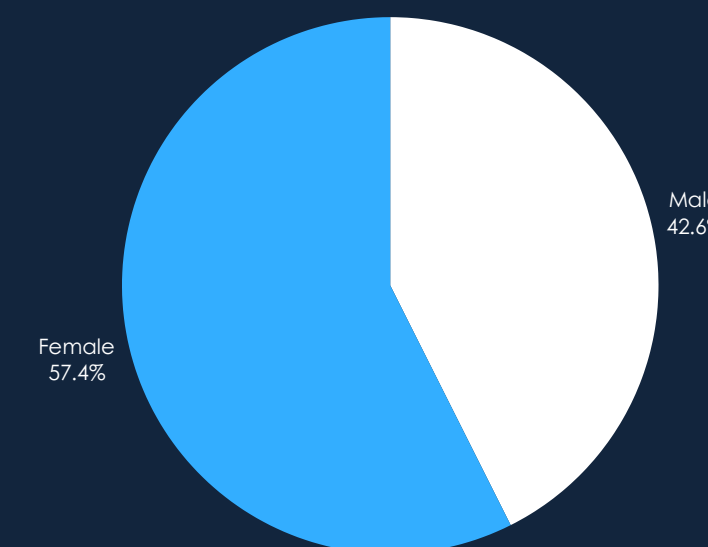
Total Service Area



Idaho



Washington



United States



Population by Age

Service Area	Age 0-4	Age 5-17	Age 18-24	Age 25-34	Age 35-44	Age 45-54	Age 55-64	Age 65+
Asotin County, WA	1,238	3,2748	1,693	2,279	2,589	2,627	3,337	5,333
Benewah County, ID	530	1,636	673	928	1,001	1,133	1,590	2,240
Bonner County, ID	2,210	7,149	2,648	4,631	5,423	5,670	7,928	12,317
Boundary County, ID	808	2,047	919	1,220	1,292	1,404	1,739	2,906
Clearwater County, ID	317	976	435	876	1,012	1,167	1,525	2,502
Idaho County, ID	841	2,413	1,063	1,643	1,677	1,697	2,710	4,743
Kootenai County, ID	9,738	29,243	13,089	21,768	22,337	20,191	23,328	33,702
Latah County, ID	1,947	5,410	9,273	5,627	4,219	3,629	4,040	5,727
Lewis County, ID	188	619	204	313	369	349	575	1,013
Nez Perce County, ID	2,298	6,714	3,703	5,288	4,974	4,940	5,715	8,568
Shoshone County, ID	837	1,922	934	1,451	1,434	1,590	2,149	3,082
Service Area Total	20,952	61,403	34,634	46,024	46,327	44,397	54,636	82,133
<i>Idaho State</i>	112,576	342,203	187,034	239,996	238,680	209,167	221,910	302,543
<i>Washington State</i>	440,172	1,222,825	678,238	1,163,756	1,065,067	934,238	955,313	1,228,940
<i>United States</i>	19,004,925	54,208,780	31,282,896	45,388,153	42,810,359	41,087,357	42,577,475	54,737,648

Data Source: US Census Bureau, [American Community Survey](#). 2018-22.



Population in Poverty by Age

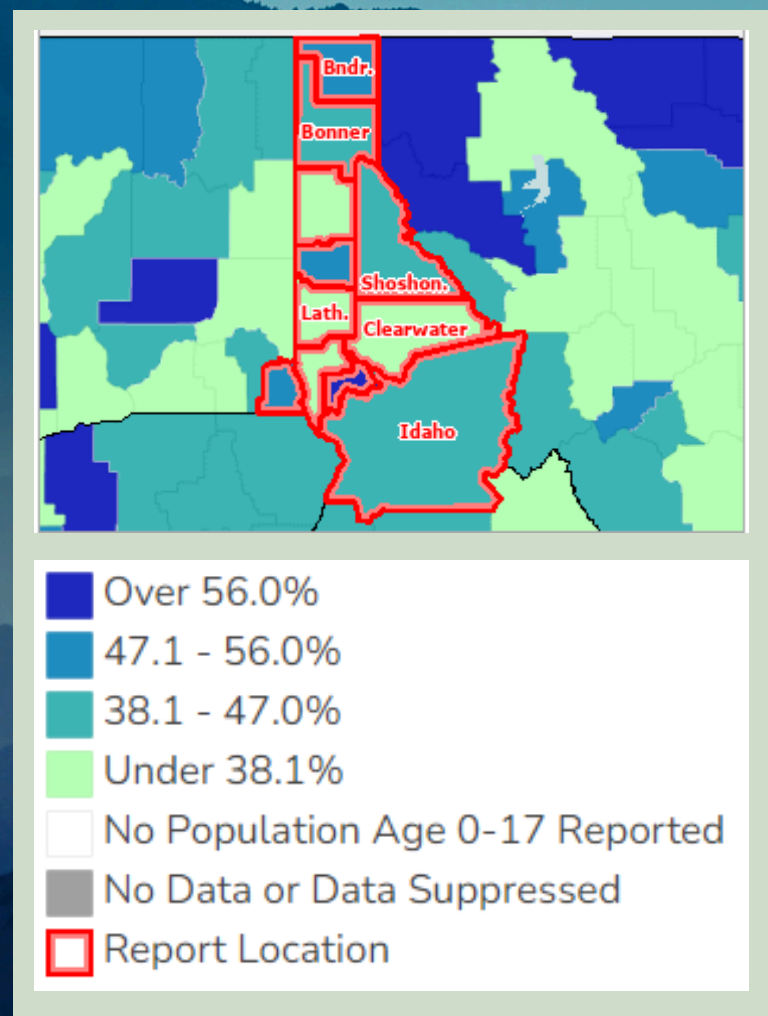
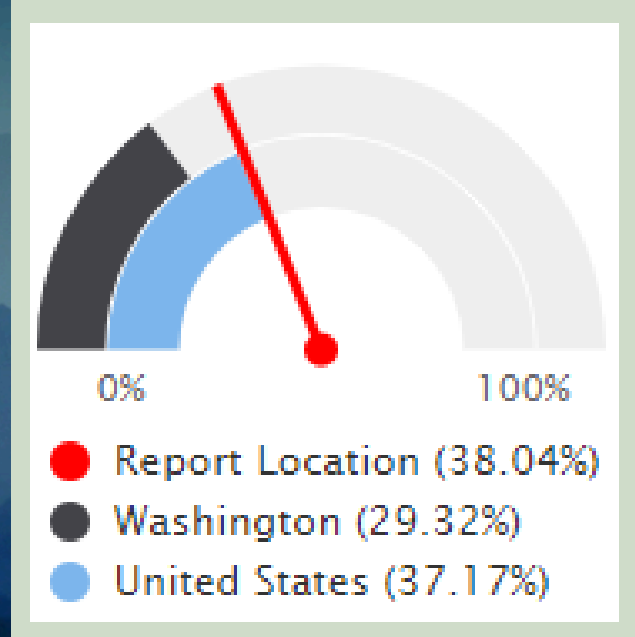
Service Area	Under 18 years	18 to 64 years	65 years and over
Asotin County, WA	22.6%	16.6%	9.2%
Benewah County, ID	17.8%	15.9%	8.0%
Bonner County, ID	15.4%	12%	8.8%
Boundary County, ID	25.3%	17.8%	13.2%
Clearwater County, ID	14.1%	11.1%	10.0%
Idaho County, ID	8.8%	10.2%	11.9%
Kootenai County, ID	14.1%	8.5%	6.5%
Latah County, ID	11.2%	16.8%	6.6%
Lewis County, ID	25.4%	16.3%	14.1%
Nez Perce County, ID	17.8%	14.6%	8.9%
Shoshone County, ID	18.9%	17.3%	10.1%
<i>Idaho State</i>	11.5%	9.7%	9.5%
<i>Washington State</i>	12.2%	9.9%	9.6%
<i>United States</i>	16.0%	11.5%	11.3%



Children below 200% FPL

Service Area	Total Population Under Age 18	Pop. Under Age 18 Below 200% FPL
Asotin County, WA	4,480	2,257
Benewah County, ID	2,120	1,070
Bonner County, ID	9,187	3,798
Boundary County, ID	2,830	1,385
Clearwater County, ID	1,282	461
Idaho County, ID	3,245	1,443
Kootenai County, ID	38,243	13,161
Latah County, ID	7,072	2,445
Lewis County, ID	804	478
Nez Perce County, ID	8,715	2,987
Shoshone County, ID	2,684	1,204
Service Area Total	80,662	30,686
<i>Idaho State</i>	<i>448,286</i>	<i>172,257</i>
<i>Washington State</i>	<i>1,634,035</i>	<i>479,069</i>
<i>United States</i>	<i>72,035,358</i>	<i>26,772,207</i>

Percentage of population Under 18 Below 200% FPL



Percent by County

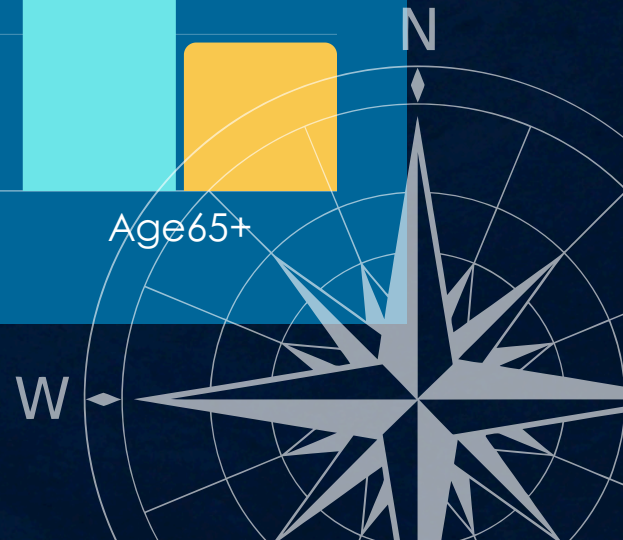
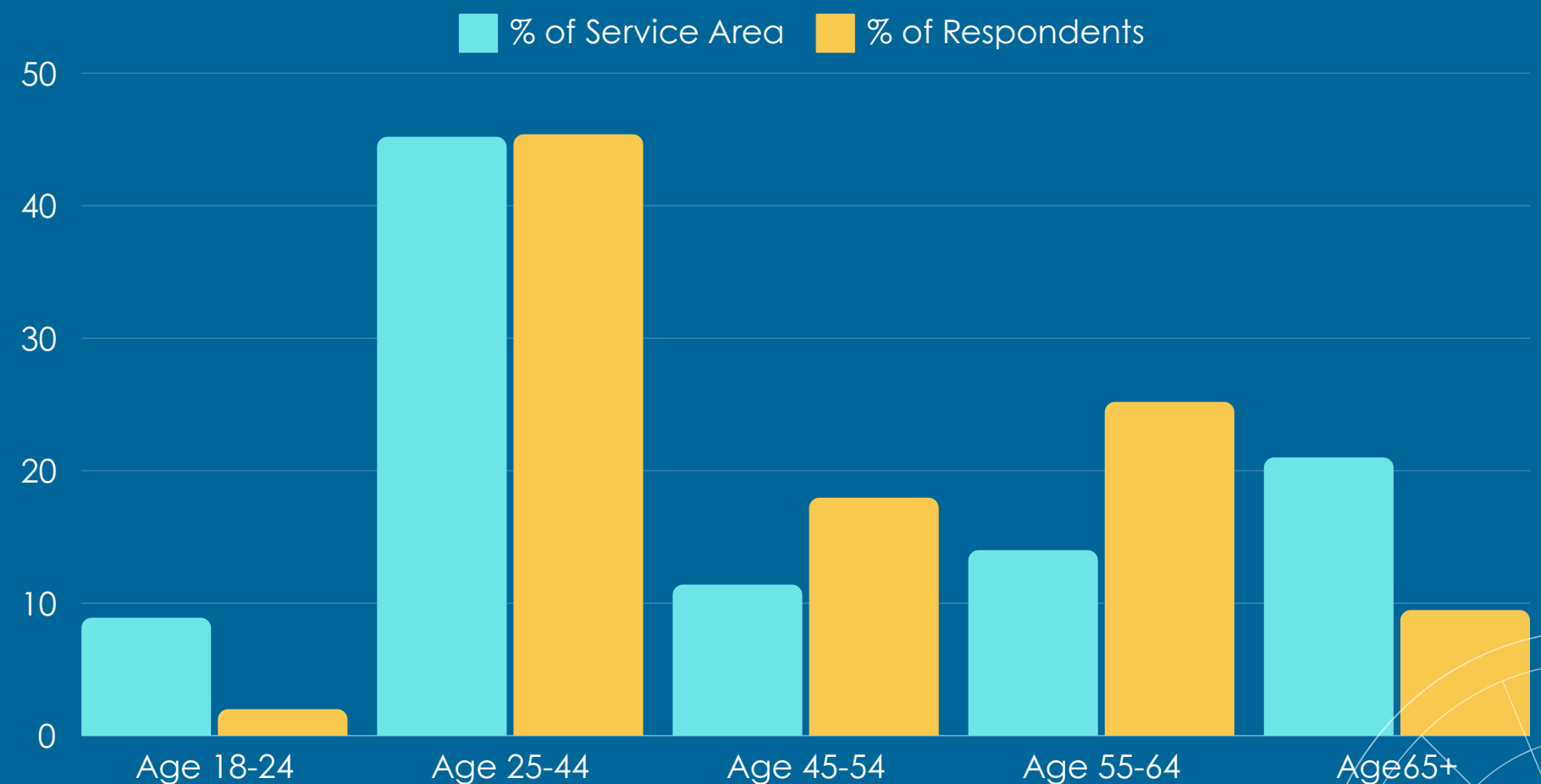
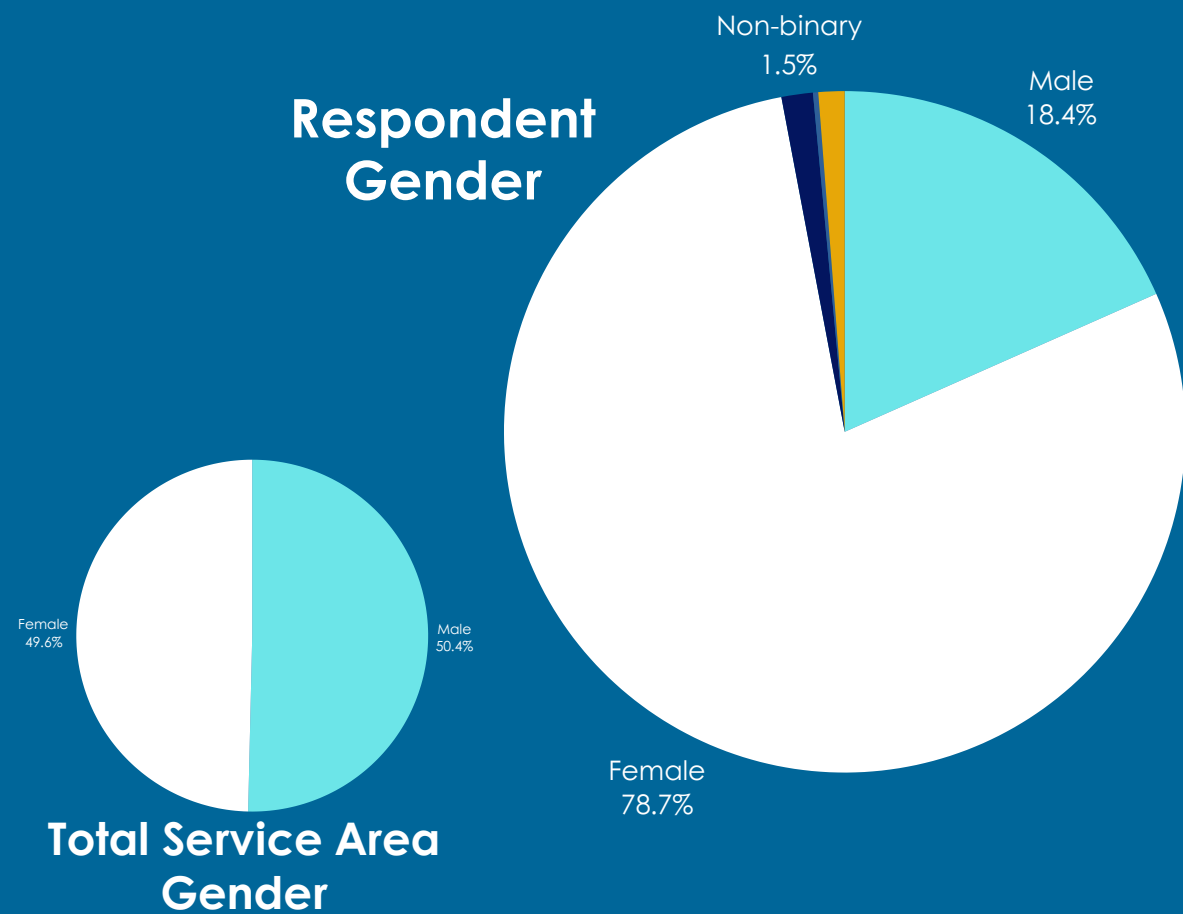
Data Source: US Census Bureau, American Community Survey. 2018-22.



Respondent Comparison

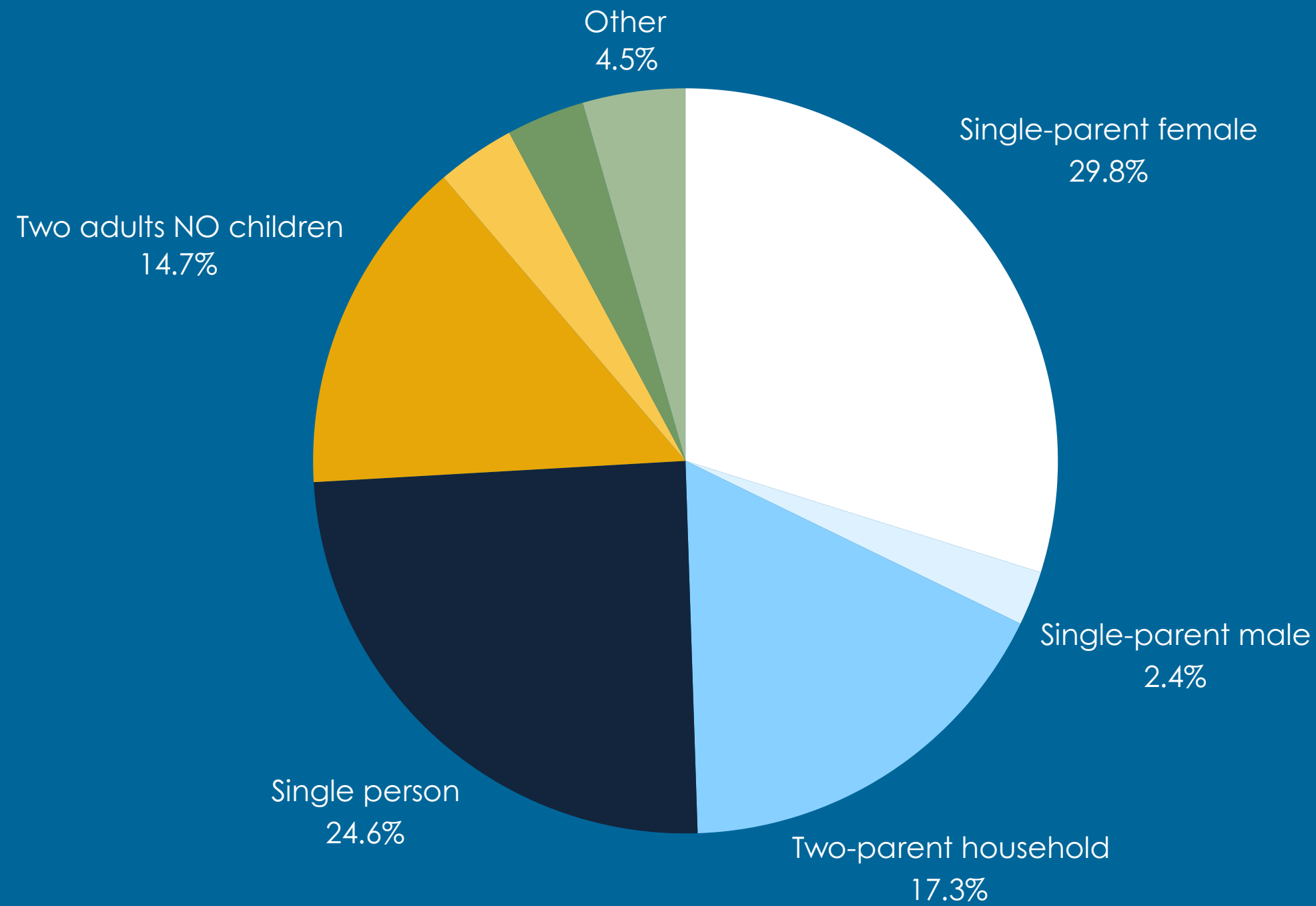
Whether speaking for themselves or representing their families, most of our surveys were completed by Caucasian women between the ages of 24 and 44. Our second largest age group was from 55 to 69.

- *Native American, African American, Hispanic, Arab, and Asian people were also represented*
- *Some respondents selected multiple races.*

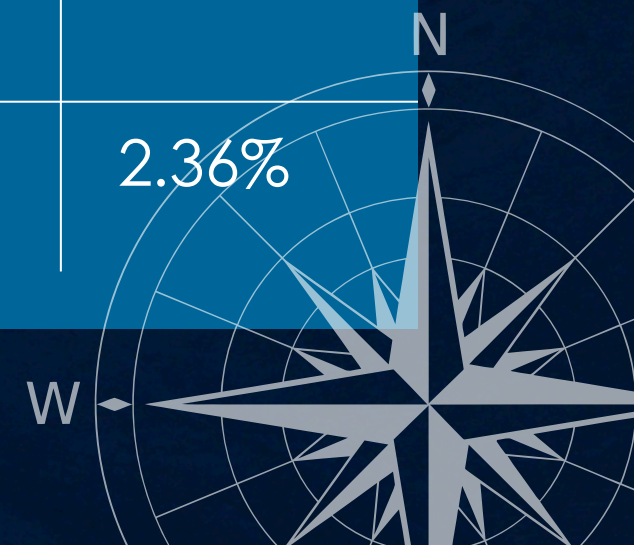




Respondent Household Type

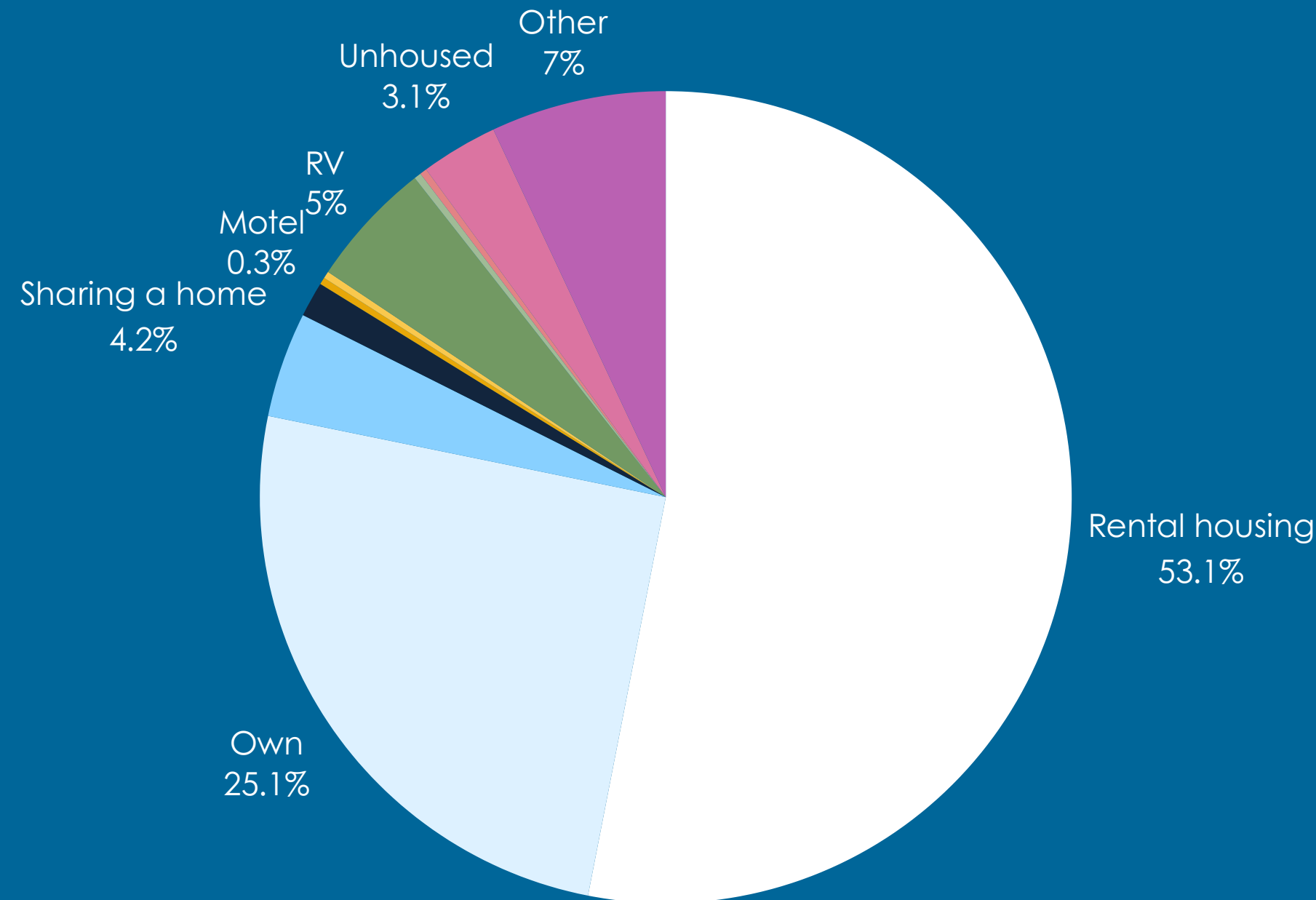


• Single-parent female	29.84%
• Single person	24.61%
• Two-parent household	17.28%
• Two adults NO children	14.66%
• Other	4.45%
• Non-related, multi-family household	3.40%
• Grandparent(s)/multi-generational	3.40%
• Single-parent male	2.36%





Respondent Current Housing



*Many who marked "other" indicated living in a vehicle, a dwelling not designed for habitation, or temporarily staying with others.

• Rental	53.07%
• Own	25.14%
• Other	6.98%
• RV	5.03%
• Sharing a home	4.19%
• Unhoused	3.07%
• Transitional/Emergency	1.40%
• Caretaker	0.28%
• Employer-provided	0.28%
• Group home	0.28%
• Motel	0.28%



Charting the Terrain

Mountains often symbolize the major challenges or obstacles in life. Such is true with those who are under-resourced and working to gain the knowledge and skills necessary to navigate the rough terrain of life.



Our Core Challenges

- Income
- Affordable Housing
- Food Insecurity
- Transportation
- Child Care
- Mental Health

Income



Income directly affects a person's ability to meet basic needs like food, housing, transportation, and child care. Low income limits access to education, job opportunities, and financial security, making it harder to escape poverty. It also leads to increased debt, stress, and poor mental health, reinforcing the cycle of poverty.



Income - Poverty Creates Barriers

Service Area	Total Population	Pop. w/ income Below 100% FPL	Percentage of Pop. w/ income Below 100% FPL
Asotin County, WA	22,154	3,564	16.09%
Benewah County, ID	9,577	1,390	14.51%
Bonner County, ID	47,422	5,621	11.85%
Boundary County, ID	12,150	2,247	18.49%
Clearwater County, ID	7,996	900	11.26%
Idaho County, ID	16,243	1,688	10.39%
Kootenai County, ID	170,986	15,857	9.27%
Latah County, ID	34,048	4,751	13.95%
Lewis County, ID	3,600	637	17.69%
Nez Perce County, ID	40,657	5,749	14.14%
Shoshone County, ID	13,116	2,098	16%
Service Area Total	377,949	44,502	11.77%
Idaho State	1,805,238	198,788	11.01%
Washington State	7,553,642	747,538	9.90%
United States	323,275,448	40,521,584	12.53%

11.77% individuals are living at or below 100% of the Federal Poverty Level in our service area.

38.20% of the survey respondents reported they rely on credit cards to make ends meet.

33.54% of the survey respondents have had bills turned into collection.

62.42% of the survey respondents can't save for unexpected expenses due to low income.

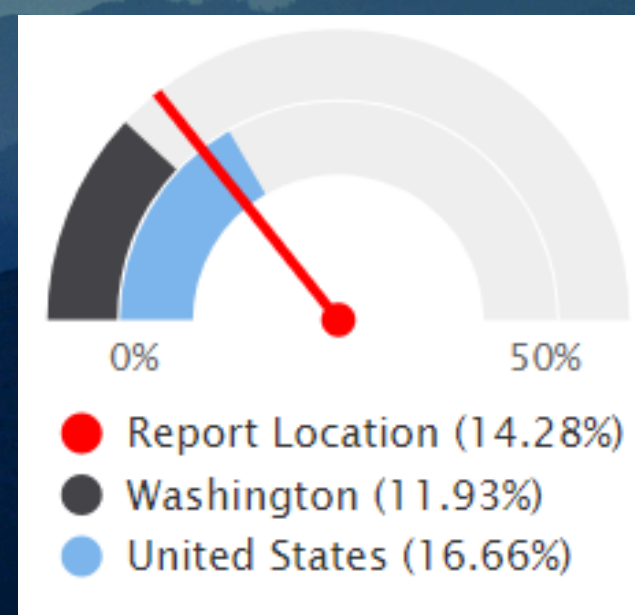


Children Experiencing Poverty

Service Area	Total Population Under Age 18	Population Under Age 18 Below 100% FPL	Percentage of Pop. Under Age 18 Below 100% FPL
Asotin County, WA	4,480	1,012	22.59%
Benewah County, ID	2,120	377	17.78%
Bonner County, ID	9,187	1,419	15.45%
Boundary County, ID	2,830	716	25.30%
Clearwater County, ID	1,282	181	14.12%
Idaho County, ID	3,245	285	8.78%
Kootenai County, ID	38,243	4,470	11.69%
Latah County, ID	7,072	794	11.23%
Lewis County, ID	804	204	25.37%
Nez Perce County, ID	8,715	1,553	17.82%
Shoshone County, ID	2,684	507	18.89%
Service Area Total	80,662	11,518	14.28%
<i>Idaho State</i>	448,286	57,535	12.83%
<i>Washington State</i>	1,634,035	194,873	11.93%
<i>United States</i>	72,035,358	12,002,351	16.66%

14.28%

In the report area 14.28% or 11,518 children are living in households with income below 100% of the Federal Poverty Level (FPL).



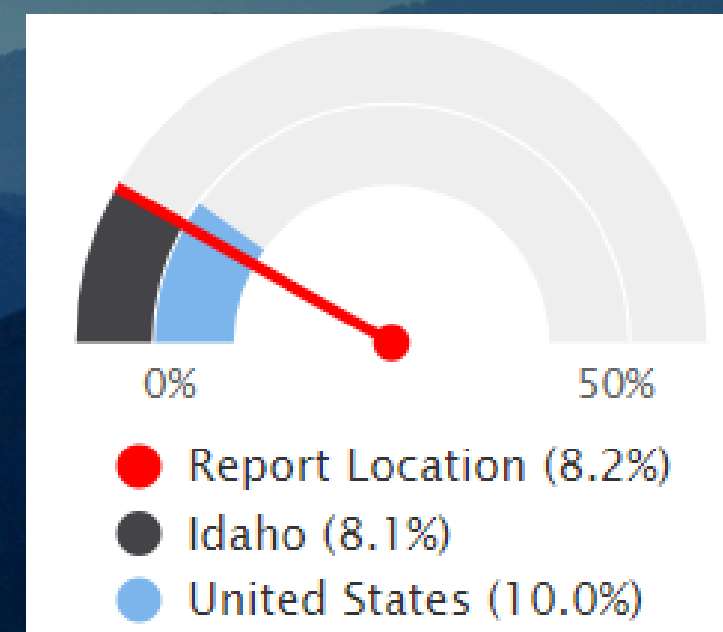


Elders Experiencing Poverty

Service Area	Total Population Ages 65 and Up	Total in Poverty Ages 65 and Up	Poverty Rate Ages 65 and UP
Asotin County, WA	5,217	479	9.2%
Benewah County, ID	2,156	172	8.0%
Bonner County, ID	12,126	4,067	8.8%
Boundary County, ID	2,834	374	13.2%
Clearwater County, ID	2,432	244	10.0%
Idaho County, ID	4,667	554	11.9%
Kootenai County, ID	32,752	2,132	6.5%
Latah County, ID	5,558	365	6.6%
Lewis County, ID	1,013	143	14.1%
Nez Perce County, ID	8,051	713	8.9%
Shoshone County, ID	2,911	293	10.1%
Service Area Total	79,717	6,536	8.2%
<i>Idaho State</i>	294,923	23,923	8.1%
<i>Washington State</i>	1,205,987	97,420	8.1%
<i>United States</i>	53,352,363	5,309,452	10.0%

8.2%

An average of 8.2% of people in the survey area lived in a state of poverty during the survey calendar year. This is less than the national average.



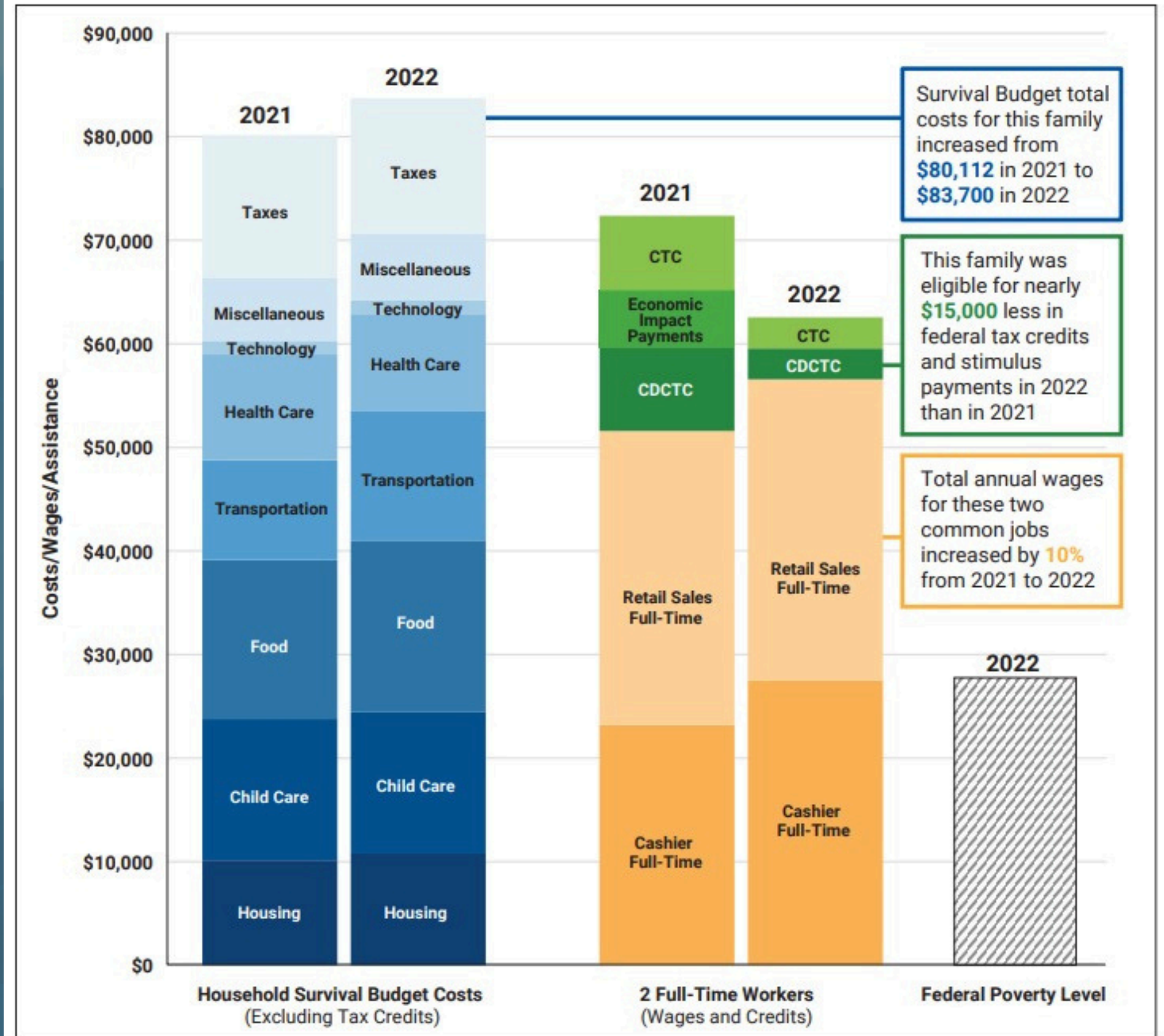
ALICE

Asset Limited Income Constrained, Employed

Between 2021 and 2022, the number of households in poverty in Idaho held steady (remaining at 11% of all households), yet the number of ALICE households increased by 8,608, continuing the accelerated growth in this population that began with the pandemic. In 2022, of the 701,293 households in Idaho, 303,295 — 43% — were below the ALICE Threshold.



Comparison of Costs, Public Assistance, and Wages, Family of Four, Idaho, 2021 and 2022



Sources: ALICE Threshold, 2021 and 2022; Bureau of Labor Statistics-Occupational Employment Statistics, 2021 and 2022; Internal Revenue Service, tax credits-CTC, CDCTC, EITC, 2021 and 2022; US Department of the Treasury, 2022 and 2023.

Housing



High housing costs affect people experiencing poverty by consuming a substantial amount of their income, leaving little room for other essentials. This reduces savings and increases the risk of homelessness.



Housing

According to the Community Action Partnership National Data Hub, there are 44,214 households in our service area that have housing costs that exceed 30% of their total household income, and 19,282 households that are spending at least 50% or more total household income on housing.

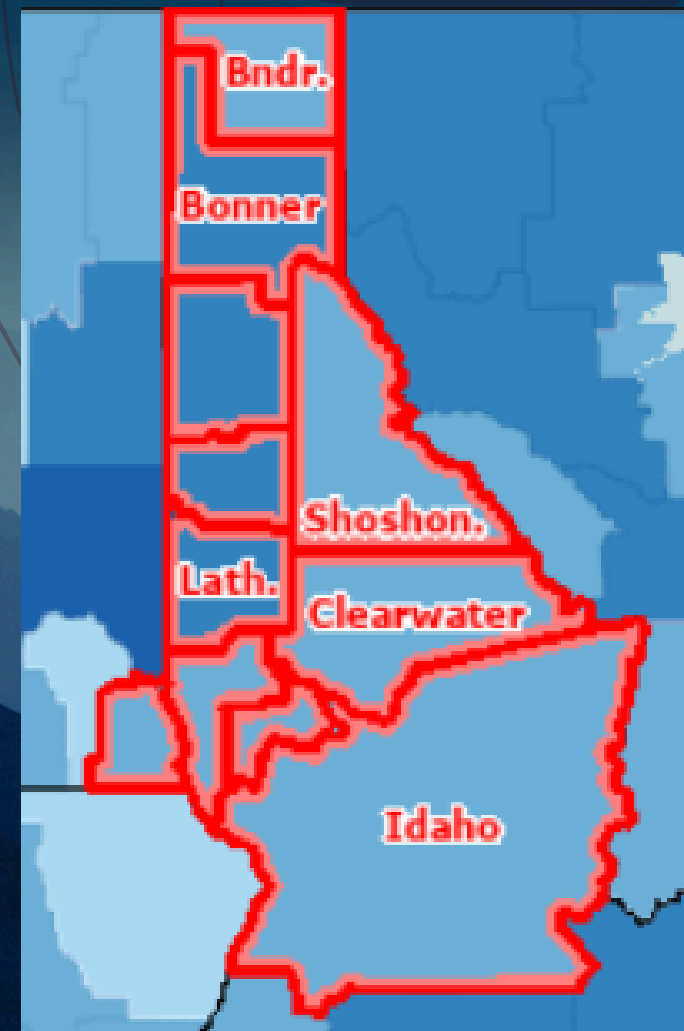
Combined, this means that 41.1% of households in our service area are cost-burdened.

32.92%

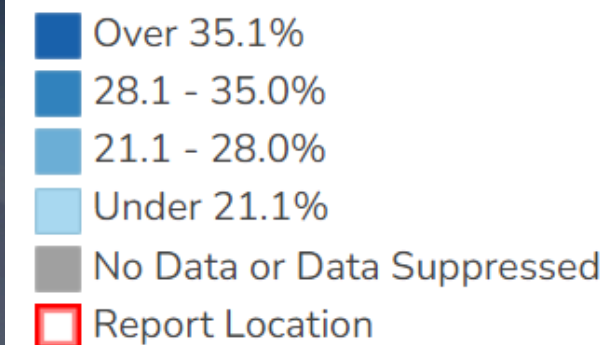
of the survey respondents reported that they have fallen behind on paying their rent/mortgage in the last 12 months.

62.20%

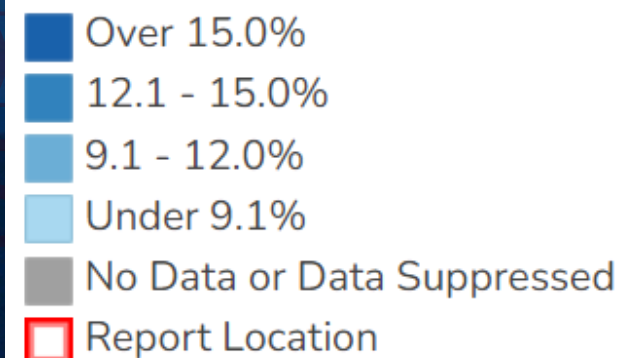
of the survey respondents hope to buy a home someday, but 41.9% say they cannot afford a down payment



Cost Burdened Households (Housing Costs Exceed 30% of Household Income), Percent by County, ACS 2018-22



Severely Cost Burdened Households (Housing Costs Exceed 50% of Household Income), Percent by County, ACS 2018-22



Food Insecurity



Food insecurity refers to a lack of consistent access to enough nutritious food for an active, healthy life.

It can range from worrying about running out of food, to eating less, or skipping meals due to financial constraints. Food insecurity affects physical and mental health and is often linked to poverty, unemployment, and rising living costs.



Food Insecurity

Survey question #24 Where do you usually get most of your family's food? (check all that apply)



Community Action Partnership offers food bank services in five counties. In areas where we do not have food banks, we collaborate closely with other food distribution points to help ensure our community members have enough food

for their families. 23% of survey respondents told us that accessing food is not easy and 83% of our respondents say they rely on some type of food assistance.



Our Service Area

According to Map the Meal Gap, our service area ranges from a 11.3% - 16.5% food insecurity rate. The average food insecurity rate in Idaho is 11.4% and the average in Washington is 11.5%.

In 2022, Map the Meal Gap estimated that there were

48,490 people

in our service area who were

food insecure.

Transportation



Transportation can be difficult for people living in poverty due to high cost of owning a car, limited and unreliable public transit options, and long commute times.

Rural areas often lack sufficient public transportation, making it harder to access jobs, schools, and essential services.

These challenges limit opportunities for employment and upward mobility.



Transportation

Of our survey respondents:

- 14.11%, or 46 people, travel more than 20 minutes but less than one hour to get to work.
- 27.30%, or 89 people, travel less than 20 minutes to get to work.
- 1.53%, or 5 people, travel over an hour to get to work.

- 31.82%, or 35 people, reported that transportation has affected their ability to get or keep a good job.
- 43.13%, or 138 people, say they cannot afford gas.
- 44.69%, or 143 people, say they cannot afford car repairs.

Public Transportation:

- 20.94%, or 67 people, report that there is no public transportation to where they need to go.
- 15.94%, or 51 people, report that bus times and/or days are not compatible with their schedule.
- 11.56%, or 37 people, report that a mental or physical disability keep them from utilizing public transportation.

Child Care



Child care costs affect our under-resourced community by creating additional financial strain. High childcare costs can consume a significant portion of a family's income, making it harder to cover other essentials. This can limit a parents' ability to work or pursue better job opportunities, trapping families in a cycle of poverty.



We heard from our community members as well as our community partners, that childcare continues to be a huge concern in our service area.

These are some of the responses from our survey respondents:

- **12.7%** were not able to find affordable childcare.
- **7.36%** report that they were not able to find evening childcare.
- **6.75%** reported that weekend care was difficult to find.

Idaho, in common with the broader nation, faces a pressing child care crisis. Finding quality child care is a large task for most parents, enhanced by the prevalence of child care deserts in Idaho, where the availability of licensed providers is alarmingly limited. This doesn't just affect parents; it has a tremendous impact on the economy, affecting both working parents and the businesses they work for. More than half of Idaho families are facing these challenges, and they're all saying the same thing: Idaho needs better, more affordable and easier-to-find child care.

“The challenges we face with child care in Idaho are difficult and persistent, but not unsolvable.”

42%

of parents have to either quit a job or are unable to accept a job due to a lack of accessible and affordable child care.

71%

of employers recognize that the lack of access to child care is a problem for their organization's sustainability and leads to employee turnover.

64%

of employers say that the lack of child care in their communities has impacted workforce productivity.

Mental Health



Mental Health is an issue for people in poverty, due to chronic stress, financial instability, and limited access to affordable care, leading to higher rates of anxiety, depression, and unmet mental health needs.



Mental Health

People living in poverty are more likely to experience feelings of worry, nervousness, or anxiety.

Share of adults who experienced feelings of worry, nervousness, or anxiety by income level, 2022



Source: [Centers for Disease Control and Prevention](#) • [Get the data](#) • [Embed](#) • [Download image](#) • [Download SVG](#)

In February 2023

30.2% of adults in Idaho reported symptoms of anxiety or depression.

In May 2022

34.4% of adults in Washington reported symptoms of anxiety or depression.

In a Mental Health America report, states were ranked on their prevalence of mental illness in 2024.

- Idaho: 47
- Washington: 49

12% of survey respondents do not know what resources are available to them.

11% of survey respondents do not believe they live in a safe neighborhood.

30% of Survey respondents said, in their household, there was an increase in the need for mental health or alcohol/drug treatment after the COVID-19 pandemic.

Mental Health

Adverse childhood experiences (ACEs) are potentially traumatic events that can happen to children before they turn 18, and can have long-term effects on their health and well-being.

Source: The State of Mental Health in America www.mhanational.org

2024 KEY FINDINGS

23% OF ADULTS EXPERIENCED A MENTAL ILLNESS IN THE PAST YEAR. EQUIVALENT TO NEARLY 60 MILLION AMERICANS.

5% OF ADULTS & **13%** OF YOUTH REPORTED EXPERIENCING SERIOUS THOUGHTS OF SUICIDE.

2022 HAD THE HIGHEST NUMBER OF DEATHS BY SUICIDE EVER RECORDED IN THE U.S.



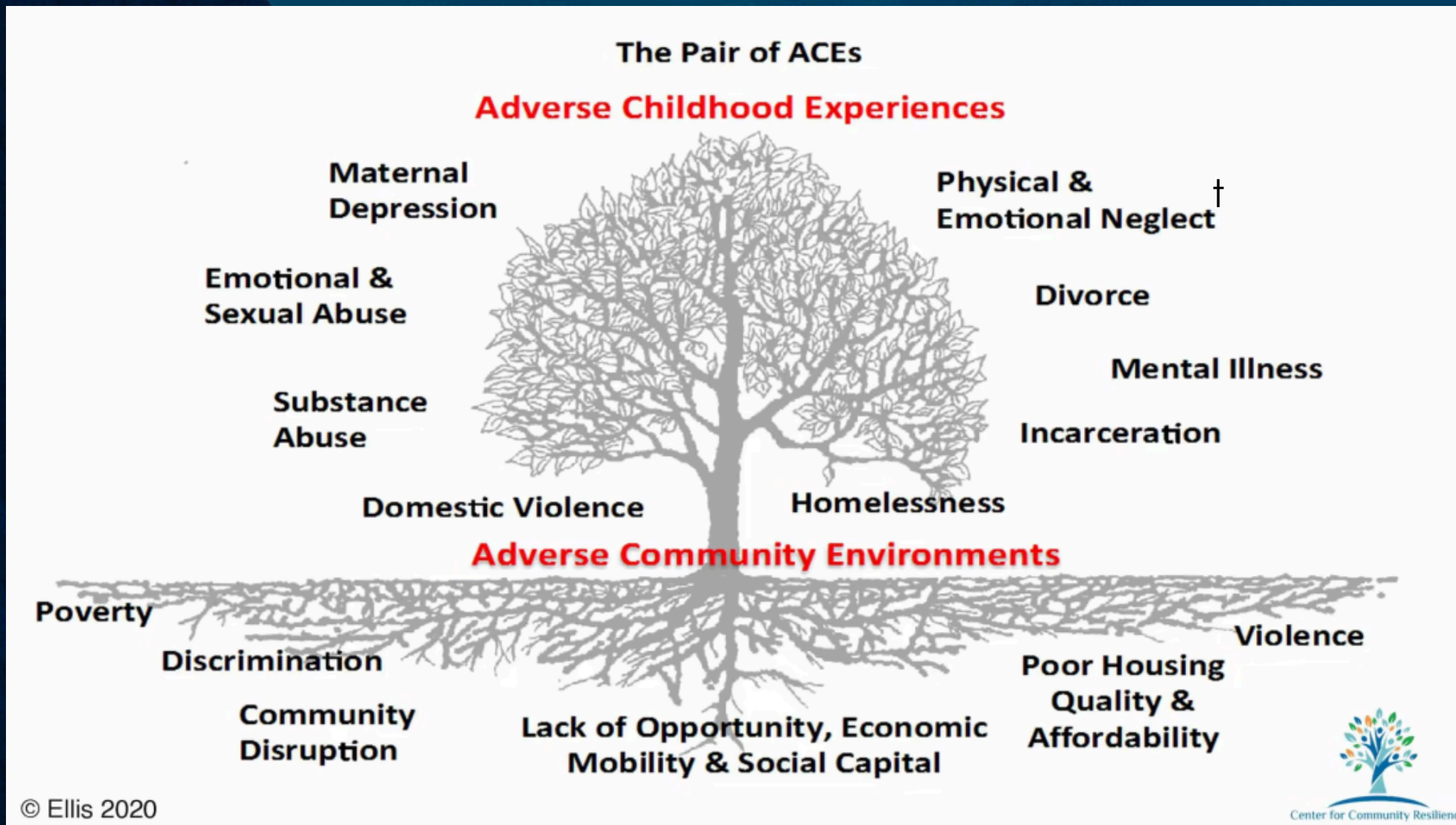
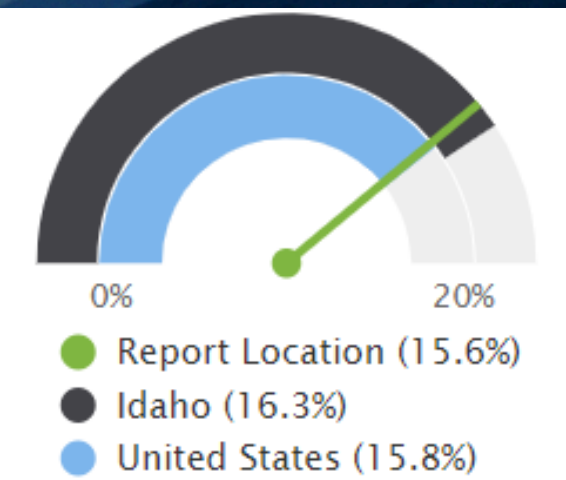
1 IN 5 YOUTH HAD AT LEAST ONE MAJOR DEPRESSIVE EPISODE (MDE) IN THE PAST YEAR.



OVER 1/2 (NEARLY 3 MILLION YOUTH) DID NOT RECEIVE TREATMENT. OF THOSE WHO DID RECEIVE TREATMENT, ONLY **65%** SAID IT HELPED THEM.

Nationally, 10% of adults with a mental illness said they did not have insurance because it's unaffordable.

Percentage of adults 18+ in our service area who report poor mental health:



Source: NCSL - National Conference of State Legislatures

Source: Community Action Partnership's National Data Hub

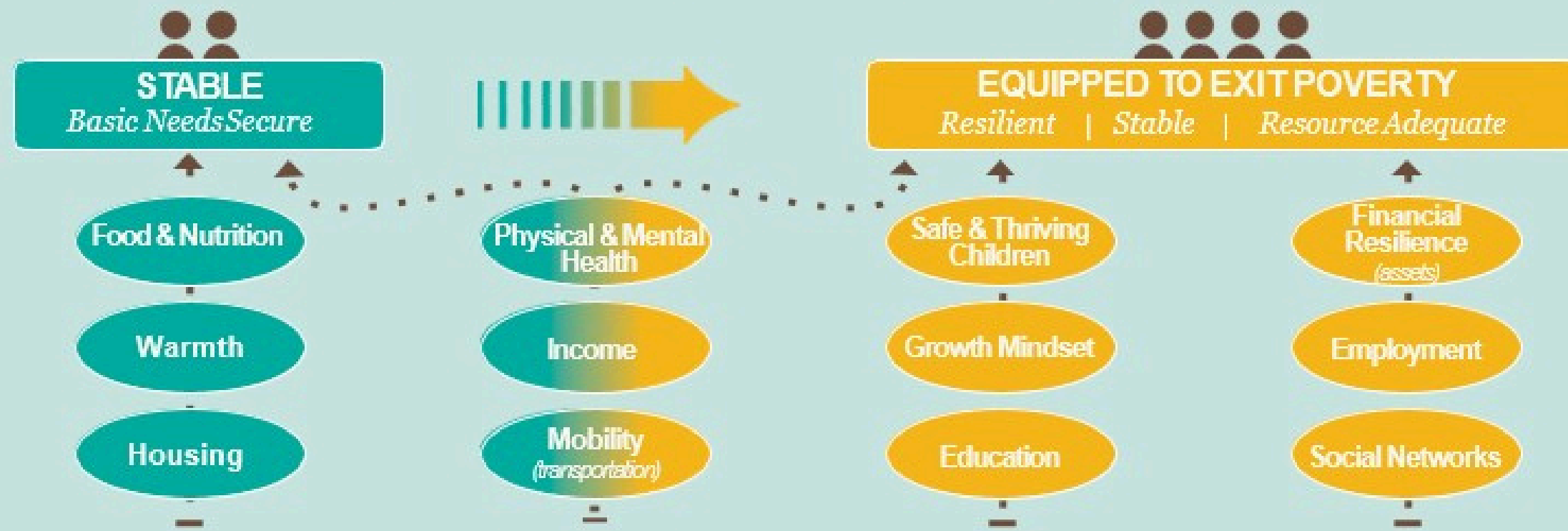
PATHWAYS OUT OF POVERTY

Our Theory of Change



Increasing Stability and Creating Community Pathways Out of Poverty

Healthy Individuals & Families



FUTURES
Advancing the clarity, impact, and performance of community action

A Community Action Model

Diverse, Equitable, Inclusive and Healthy Communities



Creating stability with basic needs services

Helping under-resourced community members become basic needs secure through resource rich projects and initiatives.

At Community Action Partnership, we meet many neighbors who are going through some very challenging times. When a crisis brings community members to us, our goal is to address their immediate needs with essentials like food, warmth, and housing.



We have food banks operating in Benewah, Boundary, Kootenai, Nez Perce, and Shoshone counties. We also collaborate closely with community partners to ensure food stability in our communities.



We offer energy assistance and weatherization programs to help people save on energy costs and stay warm and safe during the cold north Idaho winters.



We understand that being unhoused or on the verge of it can derail all other efforts towards stability. To help address this, CAP utilizes limited grant dollars and we partner closely with other organizations to secure and maintain shelter for those in need.

*Our **Theory of Change** starts with addressing immediate needs, but it doesn't stop there. We aim to build lasting relationships with the people who live in our communities, helping them move beyond their current crisis to a place of thriving. We understand that the journey out of poverty isn't straightforward, but we're here to support our neighbors every step of the way.*

Individual and family-centered coaching

Equipping and supporting community members as they exit poverty.

Once a community member has a stable foundation on which to build, we're here to support them as they begin their journey out of poverty. We walk alongside them every step

of the way with personalized coaching for both individuals and families. We believe individuals are best suited to define what thriving means for them and how to achieve it.


Whether through structured coaching sessions or informal mentoring, our goal is to assist individuals in this process through programs such as:

- Family Centered Coaching
- Future Story Initiative
- Financial Coaching
- Essential Skills Training

START

Building a network of community support

Working together to create diverse, equitable, inclusive, and healthy communities with a shared vision and engaged community members.



The journey out of poverty is never made alone, nor is the end goal solely the wellbeing of the individual. Successfully exiting poverty is the cumulative effort of a supportive community made for the benefit and wellbeing of the community as a whole. We come together to support individuals and families exiting poverty because their wellbeing is critical to the wellbeing of us all.

Whether we are on the journey out of poverty or supporting people on the journey, when we come together to create Pathways Out of Poverty, we begin to understand our own stake in developing diverse, equitable, inclusive, and healthy communities that support individual growth and transformation. With this shared vision we can co-create communities that foster improved services and resources, equitable systems, and engaged community members.



Community Action Partnership aspires to be the catalyst for this shared vision by being a gateway to community resources and creating partnerships to address our core challenges in ways relevant to each community.

Trail Crew:

Collaborating for Change

This project was a true team effort, and we want to say thank you to everyone who was involved. We're grateful for our staff across 11 counties who worked tirelessly to connect with local communities, distribute and collect surveys, host focus groups, and collaborate on our findings. We also appreciate the behind-the-scenes support from the Community Action team who helped pull everything together.



CAP Team:

Shelly Bentley – Idaho County

Liz Bigsby-Sanborn – Boundary County

Gail Lombardi – Nez Perce/Asotin Counties

Kalynn Raugh – Kootenai County

Kim Spencer – Kootenai County

Natasha Carcas – Nez Perce County

Mary Herrick – Kootenai County

Jamie Kearney – Nez Perce/Asotin Counties

Mary Greve – Benewah County

Todd Holcomb – Nez Perce/Asotin Counties

Catherine Yancey – Shoshone County

Trail Leaders: With much gratitude!

Special thanks goes to Kim Spencer, Jamie Kearney, Kalynn Raugh, and Todd Holcomb for their leadership and innovation, to our Executive Director, Lisa Stoddard, for her vision and oversight and finally, to our Board of Directors for their invaluable guidance and support. Thank you all for making this project a success.



Board of Directors:

- Michael Barnes
- Travis Charlton
- Victoria Sidener
- Corey Smith
- Barbara Mead Blackeagle
- Catherine Katelnikoff
- Casey Holcomb
- Don Strong
- Debbie Lemon

Thanks!

The background features a scenic view of blue-toned mountains under a soft, hazy sky. On the left side, there is a large, semi-transparent compass rose with the cardinal directions 'N', 'E', and 'S' labeled. A white, wavy line graphic separates the main title area from the right-hand text area.

THANK YOU

FOR YOUR PARTICIPATION AND SUPPORT!

We could not have completed our **2024 Community Needs Assessment** without you, and we will not be able to bring our vision to life without you, either.

Thank you for your participation, your support, and your heart for helping people and changing lives.



Appendix

1. Works Cited
2. List of Participating Organizations
3. Example Surveys (online)
4. Survey Results by County (online)
 - Asotin
 - Benewah
 - Bonner
 - Boundary
 - Clearwater
 - Kootenai
 - Latah
 - Lewis
 - Nez Perce
 - Shoshone



Works Cited

1. Community Action Partnership's National Data Hub
2. Map the Meal Gap - Idaho
3. MIT Living Wage Calculator
4. Mental Health America: The State of Mental Health in America Report
5. The Village Network: ACE's - Adverse Childhood Experiences
6. United for ALICE Idaho Research
7. Idaho Association for the Education of Young Children
8. [National Conference for State Legislatures](#)





Focus Group Participating Organizations



Kiwanis
Heritage Health
Gazette Record
St Maries School District #41
St Maries Assembly of God
Benewah County
Farm Bureau Insurance
Just Serve
Riverfront Suites
Elks Church
Tami Holdahl, State House Rep. candidate
Moscow School District #281
CHAS Health Clinic
Family Promise of the Palouse
Disability Action Center
St Vincent de Paul
SPOT Bus Selkirks Pend Oreille Transit
Community Thrift Center
BETA
Bonners Ferry Apartments
Panhandle Health District

Grangeville Chamber of Commerce
City of Coeur d'Alene
IDHW
Safe Passage
Real Life Ministries
ICare
3rd Avenue Marketplace
NIC Head Start
North Idaho College
IDOL
CDAide
Children's Village
Kootenai County Police
Kootenai County Sheriff's Office
Meadows Valley School District
Silver Valley CARES
Idaho Food Bank
YWCA
City of Osburn
Union Gospel Mission
Silver Valley Fuller Center

St Mark's Church
Community Resource Envision Center
Kaniksu Community Health
IdaHope Families
Helping Hands & Healing Hearts
Bonner Partners in Care Clinic
Bonner County Veteran Services
NAMI Far North
Bonner Gospel Mission
Sandpoint Area Seniors, INC.
Bonner Community Housing Agency
Hope House
Grow! Community Garden
BCVS
Boundary County Senior Center
Boundary County Ministerial
Boundary Food Bank
Boundary County School District #101
St Mary's Health
Grangeville UMC



Focus Group Participating Organizations



Upriver Youth Leadership Council Recovery
Clearwater County Chamber
Clearwater Economic Development Associates
Equus
Region II Central Health District
Kootenai Health
Lutheran Church
Worksource/Rural Resources
Walla Walla Community College
Asotin Housing Authority
AAA
DSHW Washington
VA Clinic - Nez Perce County
Adult Resource Center
Salvation Army
Asotin County Community Services