2021 Impact Report



#### Professional Development

CAP staff engaged in many trainings this past year:

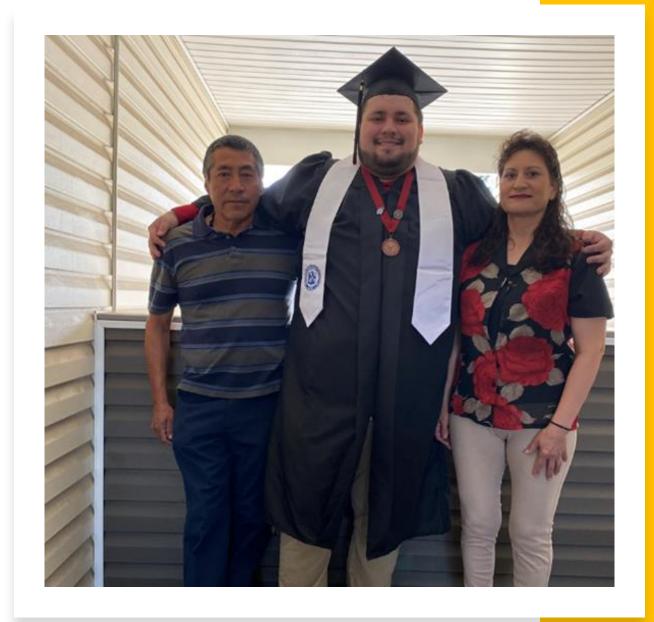
AAA 309 staff hours

Admin 113 staff hours

**CS** 840

Wx 155

Marco Antonio Ortiz AAA Ombudsman, Lewiston office



Hosted by The Prosperity
Agenda, 22 CAP staff participated in FCC trainings from each department

Family Centered Coaching equips staff with the mindset, tools, and skills to work with families holistically towards financial wellness.

Center on Family

Integrate Case Management

Bake in Racial Equity



Hours of Agency Capacity Building Total # of volunteer hours donated to the agency

10, 705

Total # of volunteer hours donated by individuals with low-incomes 5492

- Food and Nutrition
- Warmth (heating & clothing)
- Housing
- Physical & Mental Health
- Income

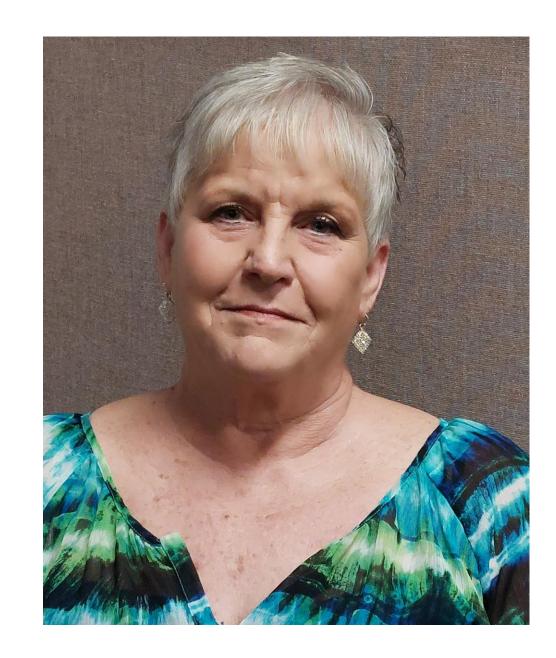
### **Dimensions of Poverty**

- Mobility (Transportation)
- Safe and Thriving Children
- Growth Mindset
- Education
- Financial Resilience
- Employment
- Social Networks

## Goals and Outcomes

- Within each dimension of poverty, Community Action Agencies have identified a key goal for individuals and families.
- An outcome is a change in condition, attitude, knowledge or behavior necessary to achieve particular goals.

**Gail Lombardi, Family Coach, Lewiston office** 



# Food & Nutrition



# Households experience less food Insecurity

#### **Community Services**

Individuals served: N 5240 NC 4048

Food boxes: N **5,544** NC **2886** 

Total lbs. distributed: N 800,000+

NC 965,521

#### **AAA**

Congregate Meals served: 35,673

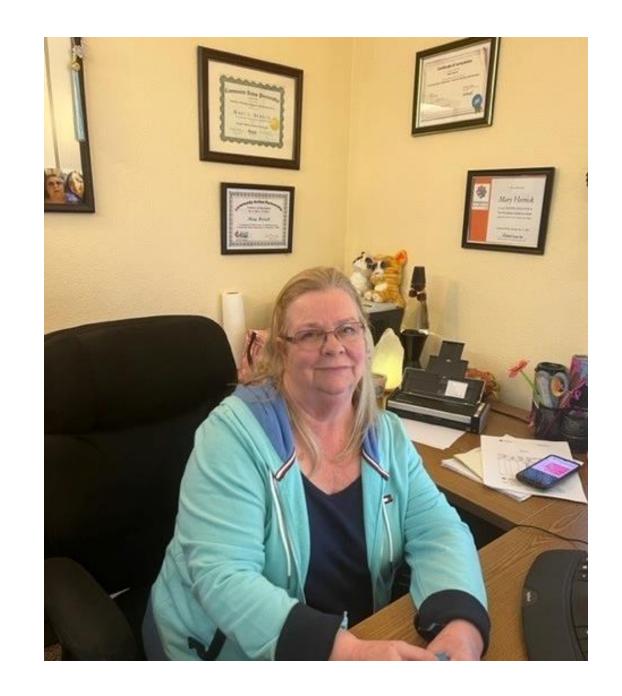
Home Delivered Meals served: 23,394

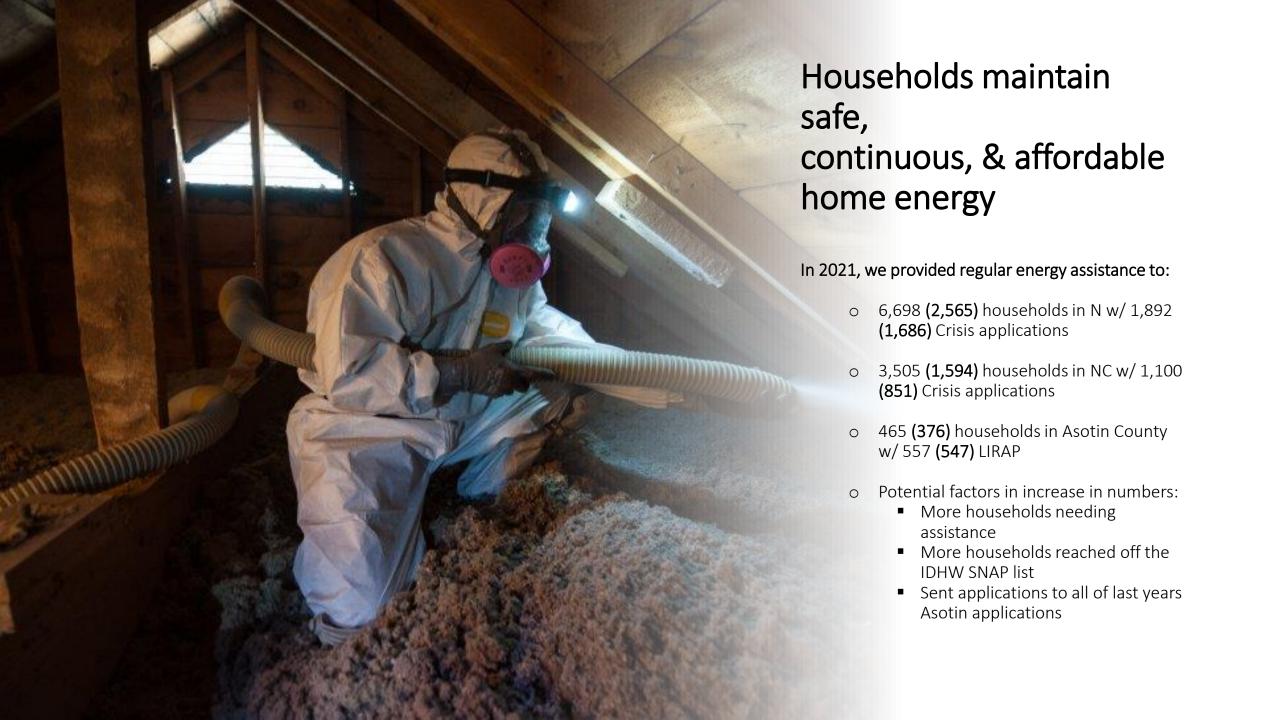
Mary Orr, CEL, St. Maries office



### Warmth

Debi Neumaier, Energy Assistance Specialist, Coeur d'Alene office







## Average reduction of home energy burden

CAP Wx completed 161 (114 (117) ID & 47 (28) WA) homes in 2021:

- o Energy burden amount of annual energy cost compared to annual income. Low-income family's energy burden rose to 13.9% as compared to non-low income @ 3% (4-1/2 times that of non-low income households). The low-income percentage has increased from previous years, but the non-low income has remained the same.
- o Because of our weatherization program and the energy efficient measures we perform on the home, we help reduce energy burden by as much as 25%.
- Median energy burden by race due to inefficient housing:
  - Black households 43% higher
  - Hispanic households 20% higher
  - Native American households 45% higher

### Housing

Shirley Paulison, CEL, Sandpoint office



# Households experience increased housing stability

### CAP Housing maintains safe affordable housing for low-income families:

- Clearwater Terrace 10 out of 10 units
- Six Pines 6 out of 6 units.
- Ponderosa Court 4 out of 4 units
- Rancher Duplex 2 out of 2 units
- Hillcrest 8 out of 8 units
- Fairview Terrace 11 out of 11 units
- Total 41 out of 41 units

#### Households experience increased housing stability

The number of individuals experiencing homelessness who obtained safe temporary shelter: 46

The number of individuals who obtained safe and affordable housing: 191

The number of individuals who avoided eviction: 537

The number of individuals who avoided foreclosure: 15

### Mobility



# Households experience greater ease of mobility.

4099 rides provided to and from doctor/specialist appointments and other errands provided by contracted providers.

Gas vouchers were provided to 226 individuals to get to their doctor/specialist appointments.

Transportation services were provided to 171 individuals. Bus passes, bus transport, support for auto purchase or repair.



# Households have increased access to healthcare to meet their needs

#### AAA

The number of seniors who maintained an independent living situation: 323

The number of individuals with disabilities who maintained an independent living situation: 161

The number of individuals with a chronic illness who maintained an independent living situation: 20

Vision screening referrals: 38

Homemaker hours provided to seniors: 7754

Respite hours provided to seniors: 4266

**Todd Holcomb, Community Engagement Project Manager** 



### Income

Shelly Bentley, CEL , Grangeville office



### Households who report increased income (earned and unearned)

#### CAP's Wx program helps to reduce energy costs:

- On average, low-income families spend about \$1900 annually on energy bills.
- o The program's energy upgrades save families an average of \$475 annually in heating and cooling costs, with additional energy and cost savings from lighting and appliance upgrades.
- That means families have more money for other necessities, such as food, groceries, medicine, clothing, and other essentials.
- o For every federal dollar spent there is an annual energy cost savings of \$2.81 over the lifetime of the measure.
- O Weatherization returns \$2.78 in non-energy benefits for every \$1.00 invested in the program. (\$514 in out of pocket medical expenses and \$583 in fewer missed days of work)



Households have more income.

532 Households received Financial Coaching/Counseling in 2021 leading to increased understanding of budgeting, banking, savings, goal setting and their own financial wellness.

62 individuals received Emergency clothing assistance/referrals

133 individuals received supplies for employment in order to maintain or increase their income.

Carol Patterson, Contract & Compliance Manager, Lewiston office

Mona Jack, APS Supervisor, Lewiston office

Alyssa Hallman, APS, Lewiston office

# Safe & Thriving Children



# Safe & Thriving Children

Board member and coalition member for the LC Valley Resilience Coalition.

- 11 coalition meetings a year, each focusing on trauma informed communities, resilient children and Adverse Childhood Experiences.
- 3<sup>rd</sup> Annual Conference, 132 participants, provided virtually, for parents, professionals and anyone else who would like to join.



### Growth Mindset

Darrell Rickard, Food Bank Program Manager, Coeur d' Alene



### Households perceive a greater sense of control over the events that affect them

Individuals who increased skills, knowledge, and abilities to enable them to work with CAP to improve conditions in the community: 253

Legal Aid, 106 hours

**Catherine Yancey, CEL, Kellogg office** 



Households have increased education & training necessary to reach their full potential

CAP provided snacks and school supplies to 75 pre-k children in the LC Valley during a kindergarten readiness bootcamp offered in July and August 2021.

Financial Coaching was offered to all participating families.

Natasha Carcas, CEL, Lewiston office



### Employment





# Households Experience improved employment

Career Coaching: 16

Job referrals: 30

Unemployed adults who obtained employment, up to a living wage: **62** 

**Courtney Kimberling, CEL, Moscow office** 



Social Networks

# Households have expanded social networks and connections

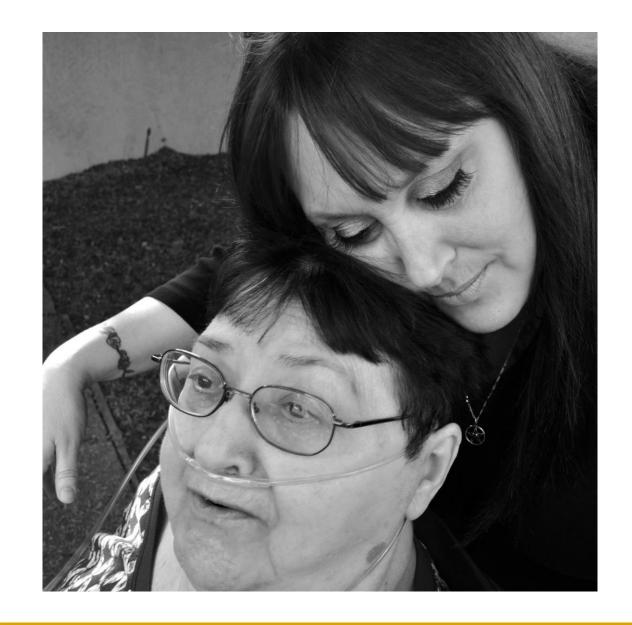
CAP manager at Fairview Terrace host events during the year for the tenants to help bring them together in a social setting:

- Annual Events:
  - Celebrate birthdays quarterly
  - Social time weekly (ice cream, popcorn, cookies, etc.)
- Spring activities:
  - Plant the community garden with vegetables and flowers.
  - Spring BBQ
  - Redecorate gazebo area
- Summer activities:
  - BBQs for the residents occasional
  - 4<sup>th</sup> of July activities
  - Hang up summer gazebo lights
  - Monthly dinner
- Fall activities:
  - Clean out the community garden
  - Decorate for fall harvest
  - Halloween party
  - Hang up fall lights on gazebo
  - Monthly dinner
- Winter activities:
  - Hang Christmas lights on gazebo
  - Christmas tree and Christmas decorations (including stockings for residents)
  - Christmas party
  - Monthly dinner

## Households have expanded social networks and connections

Households that received mediation/customer advocacy interventions from CAP staff: **1351** 

Individuals who achieved one or more outcomes: 2574



### Thank you!